



Colston Safety and Training, Inc.
PEC SafeGULF / SafeLAND Orientation

Prerequisites: This course shall have no formal pre-requisite.

Course Length: 8-10 hours Total course time does not include breaks.

Class Size: The maximum number of students that may be trained and tested shall be Twenty Five (25) in a classroom session.

Course Objective: The PEC Basic-Safegulf/Safeland Orientation safety awareness course prepares the student to know the additional types of training they will need to work for various operators in the offshore and onshore facilities. This course was designed to take the place of multiple Operator orientations and to give each student a general idea of life and safety issues in the oil and gas industry.

Course Design:

- Power Point® Lecture
- Audio- Video
- Breaks – 5 to 10 minutes (at instructor’s discretion)

Successful Course Completion:

- Requires a minimum score of 80% or better.

Course Content Summary:

- Confined Space
- Rigging
- Hydrogen Sulfide (H₂S)
- Lockout/Tag-out (LOTO)
- Fall Protection
- Hazmat (HM 126)
- Hazardous Communications (HAZ-COMM)
- Personal Protective Equipment (PPE)
- Hearing Conservation
- Emergency Response
- Process Safety Management
- Welding Safety
- Defensive Driving
- Hazardous Waste Operations (Haz-Woper)
- Fire Protection
- Medical Records
- Forklift Safety

- Respiratory Protection
- Electrical Safety
- Terrorism Response Awareness Program (TRAP)
- Back Safety
- Alcohol and substance abuse awareness

Examination:

- Each student is required to pass a written exam (80%).

Training Center Provided Material:

- Student Workbooks

Student Requirements:

- None

Reference Material / Documents:

- API RP 75 & API RP T-1, OSHA, MMS, SHELL, ExxonMobil, ChevronTexaco, BP and Anadarko requirements